

**Runners' Choice London Distance Series**  
**Meet #3**  
**TD Waterhouse Stadium, London, ON - 11/06/2008**  
**Results**

**Women Open 800 Meter Open**

Name	Year	Team	Seed	Finals	Points
Finals					
1 Jennifer Vanos	86	SPEED RIVER	2:13.00	2:13.84	
2 Mariah Kelly	91	NIAGARA REGI	2:13.00	2:14.68	
3 Samantha Robbins	91	LONDON RUNNE	2:20.00	2:21.45	
4 Erika Scott		Harbour Track	2:25.00	2:27.87	
5 Stephanie Barbon	91	LONDON RUNNE	2:32.00	2:28.36	
6 Emily Yungblut	91	LONDON RUNNE	2:38.00	2:32.13	
7 Jessica White	92	LONDON RUNNE	2:33.00	2:34.51	

**Women Open 1500 Meter Open**

Name	Year	Team	Seed	Finals	Points
1 Lindsay Carson	89	TRI CITY TRACK CLUB	4:25.00	4:25.72	
2 Jackie Malette		WINDSOR LEGI	4:30.00	4:34.33	
3 Cheyenne Hunter	94	SAUGEEN TRAC	4:57.00	4:49.55	
4 Justine Horne		TRI CITY TRACK CLUB	4:46.00	4:54.68	
5 Lizz Hodgson	91	SAUGEEN TRAC	5:15.00	5:02.20	
6 Krisinda Alexander	92	SAUGEEN TRAC	4:58.00	5:02.36	
7 Hayley Green	91	SAUGEEN TRAC	5:07.00	5:02.83	
8 Veronica Allan	90	SAUGEEN TRAC	5:18.00	5:07.99	
9 Jennifer Roberts	93	LONDON RUNNE	5:16.00	5:18.26	
10 Kortney Watson	94	SAUGEEN TRAC	5:19.00	5:19.67	
-- Katie Anderson	90	LONDON RUNNE	4:39.00	DNF	

**Women Open 4x400 Meter Relay Open**

Team	Seed	Finals
1 SAUGEEN TRACK & FIELD CL 'A'		4:33.69
2 LONDON RUNNER DISTANCE CL 'A'		4:51.13

**Men Open 100 Meter Open**

Name	Year	Team	Seed	Finals	Points
1 Colin Bokhaut		SAUGEEN TRAC	12.00	12.08	
2 Rick Carr		SAUGEEN TRAC	12.00	12.28	
3 Evan Porter	91	SAUGEEN TRAC	12.00	12.32	
4 Jordan Collison	91	SAUGEEN TRAC	12.00	13.75	

**Men Open 800 Meter Open**

Name	Year	Team	Seed	Finals	H#	Points
1 Nate Reiter		Harbour Track	1:54.00	1:55.40	1	
2 Noah Fleming		Harbour Track	1:54.50	1:55.81	1	
3 Chris Medeina		NIAGARA REGI	1:56.00	1:57.64	1	
4 Sean Baker		Harbour Track	1:54.80	1:58.15	1	
5 Larry Abbott		Harbour Track	1:58.00	1:59.45	2	
6 Anders Klaus		Harbour Track	1:59.00	2:00.52	2	
7 Derek Pamukoff		UNATTACHED	1:57.50	2:01.76	1	

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8	Ben Procter	LONDON RUNNE	2:10.00	2:02.64	2
9	Evan Porter	91 SAUGEEN TRAC	1:56.00	2:02.85	1
10	Joel Reany	Harbour Track	1:59.00	2:03.56	2
11	Jacob Marsh	92 LONDON RUNNE	2:06.00	2:06.41	2
12	Justin Laing	92 LONDON RUNNE	2:08.00	2:16.07	2

**Men Open 1500 Meter Open**

Name	Year	Team	Seed	Finals	Points
1	Matthew Leeder	89 BROCKVILLE L	3:45.00	3:46.01	
2	Thomas Morrison	90 DURHAM DRAGO	3:50.50	3:47.25	
3	Robert Jackson	90 SPEED RIVER	3:51.00	3:48.98	
4	Jeremy Rae	91 NIAGARA REGI	3:52.00	3:51.14	
5	Jay Dolmage	West Virginia El	3:51.60	3:52.48	
6	Adam Keller	U OF WINDSOR	3:53.80	3:52.80	
7	Daryl Smith	91 WINDSOR LEGI	3:50.00	3:53.09	
8	Matthew Hughes	89 TORONTO OLYM	3:47.92	3:53.11	
9	Lee Mccaron	SPEED RIVER	3:54.00	3:53.20	
10	Justin Hall	UNATTACHED	3:50.00	3:53.35	
11	Matt Bruce	TORONTO OLYM	3:55.00	3:55.30	
12	Matthew Jurysta	89 TORONTO OLYM	4:00.00	3:56.00	
13	Kyle Desormeaux	80 OTTAWA LIONS T.F.C.	3:51.00	3:57.49	
14	Nate de Witt	LONDON RUNNE	3:55.00	3:58.80	
15	Ryan Huff	LONDON WESTE	3:58.00	4:00.30	
16	Eric Dillon	92 TORONTO OLYM	4:00.00	4:01.60	
17	Luke Sprague	WINDSOR LEGI	3:59.00	4:02.30	
18	Jordan Collison	91 SAUGEEN TRAC	4:00.00	4:03.90	
19	Stephen Pitman	91 WINDSOR LEGI	3:55.00	4:04.40	
20	Jake Ristevski	UNATTACHED	4:02.00	4:05.10	
20	Rob Watson	87 LONDON RUNNE	3:55.00	4:05.10	
22	Matt Suda	LONDON WESTE	4:06.00	4:05.68	
23	Kyle Mackie	WINDSOR LEGI	3:55.00	4:06.50	
24	Dennis Mazajlo	88 LONDON WESTE	4:07.50	4:06.91	
25	Mark Brophy	LONDON WESTE	4:06.50	4:08.73	
26	Andrew Kowalsky	92 WINDSOR LEGI	4:00.00	4:11.80	
27	Nate Hayward	LONDON WESTE	4:06.53	4:11.93	
28	Chris Nagle	82 LONDON RUNNE	4:04.00	4:12.47	
29	Johannes Lamoureux	UNATTACHED	4:15.00	4:14.93	
30	Curtis Semple	U OF WINDSOR	4:13.00	4:20.26	
31	Max Holden	92 LONDON RUNNE	4:20.00	4:26.88	
32	Eric Barry	92 LONDON RUNNE	4:20.00	4:27.62	
33	Ian Turnbull	93 LONDON RUNNE	4:35.00	4:30.09	
34	Nicholas Hicknell	92 LONDON RUNNE	4:35.00	4:39.62	
35	Luke Rachar	93 LONDON RUNNE	4:50.00	4:45.24	
--	Brandon Laan	83 LONDON RUNNE	3:54.10	DNF	
--	Nate Reiter	Harbour Track	4:00.00	DNF	
--	Jamie Whitfield	87 LONDON RUNNE	4:07.00	DNF	

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**Men Open 3000 Meter Steeplechase Open**

Name	Year	Team	Seed	Finals
1 Robin Watson	83	SPEED RIVER	8:35.00	8:58.10
2 Andrew Aguanno	89	YORK UNIVERS	9:10.00	9:07.87
3 Mattias Woltar		Bluenose Athletics	9:35.00	9:08.06
4 Kyle O'Neil		LONDON WESTE	9:30.00	9:18.04
5 Maxime Paquette	84	SPEED RIVER	9:27.00	9:30.74
6 Matt Walters	89	NORTH BAY LEGION	9:03.00	9:36.32
7 Nick Walters	89	NORTH BAY LEGION	9:03.00	9:37.98
8 Anthony Berkis	89	TORONTO OLYM	9:15.00	9:45.96
9 Chris Balestrini		UNATTACHED	10:15.00	9:50.80
10 Cody Murray	86	SPEED RIVER	9:32.00	9:51.62
11 Colin Lavigne	90	NIAGARA OLYM	10:00.00	10:09.58
12 Patrick MacKinnon	90	NIAGARA OLYM	10:20.00	10:17.29

**Men Open 4x400 Meter Relay Open**

Team	Seed	Finals
1 LONDON RUNNER DISTANCE CL 'A'		3:46.30
2 LONDON RUNNER DISTANCE CL 'B'		3:48.96